

New Meal Options for Summer - Salads available on Tuesdays and Thursdays

Cold Meat Salad and Dessert \$9.50, we can cater to your preferences 😊



Meat Choices Beef, Lamb, Pork, Chicken, Ham & Silverside

Dessert Choices Fresh Fruit Salad, Trifle, Carrot Cake, Chocolate Cake & White Chocolate / Raspberry Cake



If you would like to choose this Home delivered Cold Meal Package option, please fill in the form attached with your choice of Salad and Dessert. Deliveries are between 11.30am & 1:00 pm

If you require any further information, Contact Natalie, Mon to Wed, 9am to 2.00 pm on 63432233.

Meals on Wheels Providing Choice, Variety and Healthy Local Food.

Salad Order Form

Week 1		Week 2		Week 3		Week 4	
Tuesday		Tuesday		Tuesday		Tuesday	
Beef Salad		Beef Salad		Beef Salad		Beef Salad	
Lamb Salad		Lamb Salad		Lamb Salad		Lamb Salad	
Pork Salad		Pork Salad		Pork Salad		Pork Salad	
Chicken Salad		Chicken Salad		Chicken Salad		Chicken Salad	
Ham Salad		Ham Salad		Ham Salad		Ham Salad	
Silverside Salad		Silverside Salad		Silverside Salad		Silverside Salad	
Desserts		Desserts		Desserts		Desserts	
Fresh Fruit Salad		Fresh Fruit Salad		Fresh Fruit Salad		Fresh Fruit Salad	
Trifle		Trifle		Trifle		Trifle	
Carrot Cake		Carrot Cake		Carrot Cake		Carrot Cake	
Chocolate Cake		Chocolate Cake		Chocolate Cake		Chocolate Cake	
White Chocolate/ Raspberry Cake		White Chocolate/ Raspberry Cake		White Chocolate/ Raspberry Cake		White Chocolate/ Raspberry Cake	
Week 1		Week 2		Week 3		Week 4	
Thursday		Thursday		Thursday		Thursday	
Beef Salad		Beef Salad		Beef Salad		Beef Salad	
Lamb Salad		Lamb Salad		Lamb Salad		Lamb Salad	
Pork Salad		Pork Salad		Pork Salad		Pork Salad	
Chicken Salad		Chicken Salad		Chicken Salad		Chicken Salad	
Ham Salad		Ham Salad		Ham Salad		Ham Salad	
Silverside Salad		Silverside Salad		Silverside Salad		Silverside Salad	
Desserts		Desserts		Desserts		Desserts	
Fresh Fruit Salad		Fresh Fruit Salad		Fresh Fruit Salad		Fresh Fruit Salad	
Trifle		Trifle		Trifle		Trifle	
Carrot Cake		Carrot Cake		Carrot Cake		Carrot Cake	
Chocolate Cake		Chocolate Cake		Chocolate Cake		Chocolate Cake	
White Chocolate/ Raspberry Cake		White Chocolate/ Raspberry Cake		White Chocolate/ Raspberry Cake		White Chocolate/ Raspberry Cake	

Please Tick what Salad & Dessert you would like on the Tuesday and the Thursday.

If you have any special dietary requirements, please document here.....

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Name:.....Date.....